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TOEFL Essay Topic: Some people believe that when busy parents do not have a lot of time to spend with their children, the best use of that time is to have fun playing games or sports. Other believe that it is best to use that time doing things together that are related to schoolwork. Which of the two approaches do you prefer? Use specific reasons and examples to support your answer.

Due to the fierce competition today, busy parents ~~don't can't~~ have enough time to ~~accompany~~ their children. Some people think they'd better guide their children's schoolwork when they are together. However, I believe parents should have fun playing games or sports with their children.

The key point parents need to clarify is the purpose of spending time with children. And in my opinion, it's to ensure kids' physical and mental health, which ~~allows make~~ them ~~to~~ live independently.

Obviously, studying together violates that principle. Facing the increasing pressure at school, children ~~are~~ already having a lot of burdens. If parents ask them to continue studying at home, children will be resistant to learning. For example, if students have recited some poetry/~~poems~~ at school, they will be reluctant to memorize other conceptions. That's because their brains ~~s need~~ need time and energy to restore the old knowledge. So it's wise to change children's minds by ~~playing doing~~ sports.

In addition, exercise is excellent for children's growth. Sports can help kids gain experience ~~in/with of~~ teamwork and competition, which is hard to get at school. For example, my parents often took me to play table tennis when I was young. It motivated me to participate in some contests/~~competitions~~. During those games, I learned how to cooperate with teammates and keep ~~in~~ the best condition to face my rivals. On the other hand, sports ~~are is~~ conducive to maintain~~ing~~ the relationship between families. As they have fun together, they leave a good impression on each other.

Admittedly, parents can help a lot in children's study because they have learned ~~the~~ subjects ~~those~~ before. I do agree parents should provide some assistance. But it doesn't mean they have to spend ~~much many~~ time. ~~The p~~Parents' obligation is to teach methods, not specific knowledge. And teaching methods ~~does~~ not require too much time. Only in that way, can children learn by themselves.

In a nutshell, parents should play sports with their children during ~~their the~~ leisure time.